

# نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

#### e-newsletter of Federation of Islamic Medical Associations

Volume 6, Issue May-June 2013







30th FIMA COUNCIL MEETING &
33rd IMASA SCIENTIFIC CONVENTION
September 19-23rd 2013, Cape Town, South Africa

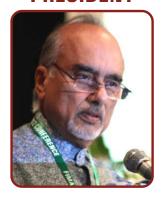
Contact | Dr. As 08367

Dr. Ashraf jedaar 083675103 ajedaar@iafrica.com

Col. Dr. Riaz Ismail 0824499200 riazismail@worldonline.com

Dr. Tanveer Zubairi 00923008444116 tanveer.zubairi@gmail.com

# MESSAGE FROM THE PRESIDENT



A regional consultation on eradication of polio in the light of Islamic principles was held on 5-6<sup>th</sup> June 2013 in Islamabad, Pakistan. It was jointly hosted by Islamic International University, Al Azhar University, Cairo and WHO(World Health Organization). FIMA was represented in this meeting by our Secretary General Dr. Tanveer Zubairi, who also attended the first consultation of Muslim scholars held in Cairo in March 2013.

The Global Polio Eradication Initiative, launched by the health ministers of the Member States of the World Health Organization in 1988, has been successful in stopping the transmission of this crippling disease in

Continued on Page 3

# Islamic International University hosts consultation meeting of the Islamic Scholars in Islamabad June 5-6, 2013 on "Eradication of Polio in the light of Islam"

Polio was once a disease feared worldwide, striking suddenly and paralyzing mainly children for life. Through the concerted global efforts this deadly disease has reduced by 99.9%. Polio now survives only among the three Muslim countries, where unfortunately it stalks the most vulnerable children. FIMA is a part of a campaign to see this disease completely eradicated from the face of this world.

The Initiative's goal is to reach

every last child with polio vaccine and ensure a polio-free world for future generations.

Islam accords high importance to the health of children. Polio eradication vaccination is a service of humanity and Islam encourages all such efforts in this regard. These views were expressed by a group of eminent Ulema of national and international fame and experts from voluntary organizations including Malinda Bill Gates Foundation, Rotary



Islamabad: Prof. Dr. Ahmad Yousif Al-Draiweesh, President IIUI is addressing to 2-Day Intl. Conference on "Polio Eradication in the Light of Islam".

Editor in Chief Dr. Parvaiz Malik, President, FIMA - Editor Dr. Tanveer Zubairi, Secretary, FIMA Managing Editor Dr. Alv Mishal Executive Director, FIMA, Assistant Editor Saijad Saleem

International, National Immunization Board and Federation of Islamic Medical Association (FIMA) during the two days international conference on the topic "Polio Eradication in The Light of Islam".

The two days international conference (June 5-6<sup>th</sup> 2013)was held at IIUI with the collaboration of three international institutions Al-Azhar University Egypt, International Islamic University Islamabad and World Health Organization. In his welcoming address at conference president

put the stress on the need to have consistent efforts for taking necessary steps for the eradication of Polio including formulating a national strategy to convince the local population, Ulema and militants of usefulness of Polio eradication program and to unfold any taboos or misunderstandings and false propaganda attached to this issue by the miscreants.

It was stressed that the Ulema should motivate the people to administer anti polio drops to their kids up to the age of five so that

A Joint communiqué was issued as "Islamabad Declaration" and signed by all the Ulema, Scholars and Scientists gathered at this occasion reads "Ulema e Din should feel responsibility to remove the misconceptions regarding Polio in mind of illiterates and make them aware about the polio virus. This document highlighted the fact that Islam teaches about the rights of human body and emphasizes on securing body from such epidemic diseases like polio. The group also strongly condemned the execution







IIUI Prof. Dr. Ahmed Yousif Al-Draiweesh thanked all participants for gathering to set forth new measures of polio eradication plan. He expressed immense pleasures that Scholars from Al-Azhar University, medical specialists from World Health Organization, religious scholars and medical doctors came across the world to Pakistan, joined hands for this humanitarian cause.

During various detailed sessions the experts, delegates and Ulema future generation could be protected against the crippling disease. The speakers in their speeches said that polio vaccines were absolutely safe and sound both from religious and medical point of view and dose not carry any haram contents or ingredients which may give rise to sterility in Muslim Population. The Ulema were urged to create awareness among the people about the anti polio drops so that this fatal disease could be wiped out from the country once for all.

of Polio workers and termed it against the teachings of Islam, they also urged authorities to extend the bereaved family fullest support including monetary compensation. The text also reads condemning of heinous crime of Dr. Shakil Afridi who used his office as a healthcare professional in intelligence sharing and Ulema strongly demanded the stake holders not to use the health workers for any other engagement except their righteous duties as health providers.



The participants appreciated the efforts of WHO and partner bodies for Polio eradication and offered full support, cooperation and coordination by all means for the polio eradication.

A very well attended press conference was held on 6<sup>th</sup> June in which the delegates expressed their solidarity with this noble cause of saving the lives of children and to work together for the safeguard of our future generations.

Senator Maulana Sami ul Haq, Mufti Rafi Usmani,Dr. Tahir Ashrafi, Dr. Atta-ur-Rehman from Inter faith religious Council



Balochistan, Dr. Muhammad Wesam from DarluIfta Al Missriya, Al Azhar sharif, Dr. Abul Qahir Muhammad Qamar from International Islamic Academy Jeddah Saudi Arabia, Dr. Maged Al Mazrou from Saudi Arabia, Dr. Aziz Meomon, Dr. Waqar Ajmal, Prof Tariq Bhutta and Dr. Tanveer Zubairi from FIMA and others also shared their views regarding the polio eradication measures.

In his concluding speech the President IIU said that the doors of IIUI would always remain open for the scholars and social workers, who are serving for the betterment of the Muslim



Ummah.

The conference finally put certain recommendations and future plans pertaining to excel the polio campaign and vaccination. The notable scholars from Pakistan and abroad pledged to deliver a great resolution for the eradication of polio from polio endemic Muslim countries.

At the end, Maulana Rafi Usmani, Mufti e Azam, Pakistan prayed for the prosperity and progress of the Muslim Ummah. He articulated of his confidence about the positive outcome of the conference.

#### REMAINING MESSAGE OF THE PRESIDENT

all but three countries of the world: Pakistan, Afghanistan and Somalia in EMRO and Nigeria in AFRO regions of WHO. All other countries have stopped indigenous wild poliovirus transmission.

The four remaining countries face a complex web of increasing security challenges and insurgency which are exploiting religious sentiment and fragile community trust to create a climate of fear. Ultimately, this results in fewer children being vaccinated and more cases of polio-paralysis.

The medical fraternity in Muslim countries has been in the forefront of this historic global effort. From general practitioners to the professors of pediatrics and neurology have engaged in establishing a robust AFP surveillance system to keep track of the wild poliovirus, ensure a strong active

surveillance is maintained in the major health facilities and for promotion to providing training and orientation to the hospital staff, young doctors and medical students.

Also the eminent Islamic scholars from all schools of thought have been issuing edicts (Fatawa) in support of polio immunization in the light of Islamic teachings. OIC has been leading the efforts to sustain highest level political support within its member countries. Strong resolutions supporting polio immunization have been passed in almost all OIC conferences.

FIMA has already assured the WHO authorities and all the concerned at regional and local levels of its best possible help and support from all the 42 FIMA member bodies. FIMA has a firm commitment to honor the Millennium Development Goals 2015, as per Kuala

Lumpur declaration deliberations which was signed on 14<sup>th</sup> September 2012 in Kuala Lumpur by all the IMAs and bodies. FIMA and WHO shares the common cause of eradicate the illness and disease of any kind from the surface of this earth.

There is a need to propagate the Fatwas(Edicts) issued by Muslim Scholars and doctors and these have to be widely circulated and Myths attached to harmful effects of vaccination including side effects like sterility and vaccines containing haram and harmful ingredients may be refuted in public. I urge the leadership of IMAs in these four Muslim countries to come forward and play their role in the ongoing effort to eradicate this disease and be a part of the final round of the organized global effort to save our future generation from this lethal, crippling and paralyzing disease.

# FIMA Save Smile and IMANA Relief in Gaza..... Returning Smiles



The first FIMA-IMANA Save smile camp in Khartoum, Sudan



A happy young girl after surgery



A panoramic view of the theatres where surgeons worked simultaneously



FIMA-IMANA-DW-Turkey team in turkey, after an exhausting day



Cleft lip camp in Unrwa hospital, Gaza



A young Palestinian boy before and after surgery



"An Evening with IMANA" in Toronto was a great success. On Saturday, May 11, two hundred healthcare professionals along with their families came together at the InterContinental Toronto Center hotel to learn more about IMANA. The evening started with a beautiful recitation of Quran by Safwan Suleman a 12th grade student. Dr. Ayaz M. Samadani, IMANA president, in his opening remarks welcomed all guests and invited them to join IMANA to serve the community in order to

make it a more healthier and productive one for everyone regardless of race or religion. Dr. Ismail Mehr, Chair of IMANA Medical Relief (IMR), shared his own struggle to accept the calling to volunteer his time and expertise. He also shared IMANA Medical Reliefs work

around the globe and invited everyone to join IMR in its future medical missions, especially to Haiti in June of 2013.

After a break for Maghrib prayers and a delightful dinner, Dr. Shafiq Qaadri, a family doctor and a

Member of Provincial Parliament in Ontario, was recognized by IMANA for his contribution to

Canadian Society. Later Dr. Marium Husain, Chair of the Student Committee of IMANA encouraged all students and residents to become part of IMANA student network to help each other and to avail the mentorship opportunities

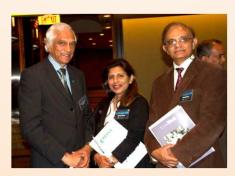
provided by IMANA physicians.

The evening's highlight was our keynote speaker, Dr. Izzeldin Abuelaish, a medical doctor who was born and raised in Jabalia refugee camp of Palestine. In his passionate call for faith

and hope he reminded everyone that faith without action has little relevance beyond self. Many in the audience listened to him with teary eyes when he shared how his life was spared but three of his daughters and a niece were killed in 2009 by Israeli tank fire just seconds after he left the same house. He stated that he knows what he has lost and that what was taken from him will never come back. But as a physician and as a Muslim of deep faith, he shared that he must move forward to the









light. Motivated by his loved ones that he lost, he has dedicated his life to bring justice through peaceful measures with his organization, Daughters For Life. Later he signed his book "I Shall not Hate, A Gaza Doctor's journey" for the guests that attended.

An Evening with IMANA in Toronto was great success! Our guests enjoyed each other's company, they learned more about IMANA, they were motivated by the work that IMANA Medial Relief is doing and everyone left inspired by the faith in action demonstrated by the Keynote Speaker.

Dr. Baseer Khan, an ophthalmologist, was the Master of the Ceremonies who did a wonderful job. The evening concluded with a trio of desserts and coffee, as the networking continued.











# Broaden your horizons with **Specialty Certificate Examinations**





Specialty Certificate Examinations (SCEs) from the Federation of Royal Colleges of Physicians of the UK are the 'gold standard' postgraduate qualifications for physicians looking to progress in their chosen specialty. These modern and forward-thinking qualifications, available for 12 specialties, showcase your knowledge and understanding, and will give you a competitive edge when applying for new roles, either at home or abroad.





Acute medicine Medical oncology

Dermatology Nephrology

Endocrinology and diabetes Neurology

Gastroenterology Palliative medicine

Geriatric medicine Respiratory medicine

Infectious diseases Rheumatology



To find out more about SCEs, please email sce.international@mrcpuk.org or visit www.mrcpuk.org/SCE



# **MRCPUK**

Membership of the Royal Colleges of Physicians of the United Kingdom







## **Books Review (Published by Islamic Medical Association of South Africa)**

# An Introduction to Islamic Medical Jurisprudence

A.F.M. Ebrahim

This book adds a new dimension to medico-legal literature in South Africa by relating the Islamic approach to current medico-legal problems in our society. It covers the usual topics expected in a medico-legal text such as medical treatment and the doctorpatient relationship. In addition, the author tackles a number of controversial topics such as contraception, assisted reproduction, termination of pregnancy, blood transfusion, tissue and organ transplantation, euthanasia and HIV/AIDS. In each instance he describes the secular legal position in sometimes with South Africa references to other jurisdictions, especially the United Kingdom and the United States before explaining the Islamic approach to the topic concerned.

#### **Caring for the Elderly**

A.F.M. Ebrahim, Malik Badri, Bilkish Cassim, M.C. Solwa

Deterioration of human faculties suffered in old age depicts the most obvious evidence of human frailty and dependence that is the inevitable fate of human beings who reach old age. Our debt to the elderly can never be repaid in full and for this reason it is imperative for us to value their presence and accord them all the support and care that they rightfully deserve. This publication touches upon the rights of the elderly, their status in society and the understanding and management of their health requirements at the most critical period of their lives.

# Dr Ahmed Elkadi: His Thoughts and Research

Dr Ahmed Elkadi

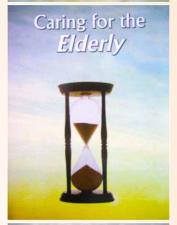
This publication is a collection of his talks that he gave in South Africa and other parts of the world. Some of the scholarly papers in this publication are unique and they, in reality, laid the foundation for what came to be known as Islamic medicine.

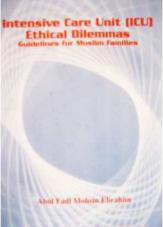
# Intensive Care Unit (ICU) Ethical Dilemmas Guidelines for Muslim Families

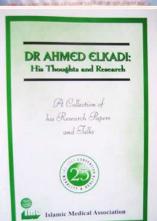
Abul Fadl Mohsin Ebrahim

This publication gives the reader an insight into how Islamic teachings view medical treatment and the difficulty that contemporary Muslim scholars have in determining the end of human life. It also touches upon some ethical dilemmas in the ICU setting with the aim of giving guidelines for the management of these delicate situations.

# An Introduction to Islamic Medical Jurisprudence







## Obituary

Karachi, 26 April: Dr Quratul Ain Hyder, Consultant Radiologist & senior PIMA member passed away. Dr. Nusrat Iqbal, central president PIMA female branch and central executive committee offer deep condolence on the sad demise of Dr Quratul Ain Hyder. Dr. Qurat was a senior member of PIMA and consultant Radiologist at AKUH.

Diagnosed as basilar artery (brain) aneurysm, she was operated upon at

AKUH. She couldn't recover after that, had an internal bleed, put on ventilator, and her soul departed Wednesday night, April 25.

Dr. Nusrat Iqbal said that it is a great loss for PIMA. All members of PIMA express their deep sorrow and pray for her and her family. May Allah Ghafoor-o-Raheem keep her in eternal peace, bless her with Rahmah and Maghfirah, and her family with sabr-e-jameel.



#### IMANA 46th Annual Convention on Cruise June 23rd to -June 30th -2013: Seattle-Alaska-Seattle Cruise

IMANA has invited its members and their families on its 46<sup>th</sup> Annual Convention on Seattle-Alaska-Seattle Cruise!:

#### **Arrival**:

On June 23rd you are able to board the ship as early as 11am, but no later than 2 pm. lunch will be available on the ship. Dinner will be served at 5:45pm, followed by our Welcome Reception an Icecream Social at 7:30pm.

At the Welcome Reception you will receive IMANA Welcome Package & CME Package.

#### **IMANAAnnual Banquet**

June 29th is the IMANA Annual banquet Please do not schedule any excursions on this date. We will provide transportation to downtown Victoria, where our banquet will be held at the Victoria Marriott.

#### **Shore Excursions:**

While in port, there are optional

shore events in which you can participate. It is necessary that these be pre-booked

#### **IMANA Kids Program:**

IMANA has an exciting Kids Program during the IMANA Banquet Night.

We look forward to seeing you and your family on the Cruise to Alaska!

(Note: This is an IMANA activity for its members only)

### Breast Cancer Awareness Lectures organized by PIMA Female Branch at Karachi

Karachi, 7 May: Public awareness lecture organized by Women Self care Project (WSCP) of Pakistan Islamic Medical Association (PIMA) Female Branch at Karachi on 6 May.

At a local factory at Karachi, lectures were organized

on the topics of 'Islam and health' and 'self detection of breast cancer', with the help of multimedia presentations. An audience of around 50 attended the event. The female workers of the factory highly appreciated the information.

WSCP is a project run by PIMA female branch arousing 'self care' awareness in women, and is



presently focusing on breast cancer.



# Maulid Day Medical Camp (MDMC)



The Sunshine Muslim Volunteers (SMV) is an associate member of FIMA since 2012, it was registered in 2010 as a Muslim NGO which focuses on health related activities. This organization is made up of mostly graduates Muslim Medical professionals.

Maulid Day Medical Camp (MDMC) was the first medical camp to be conducted by SMV. It was conducted during the Tanzanian Maulid Holiday. This activity was conducted in Dar es Salaam at Al Haramain Secondary School. It was a one day activity and was done during the month of Rabiul awwal in the commemoration of the birth of Prophet Muhammad (SAW). A total of 153 clients attended the camp of whom 99 were male and



Participants donating blood during Maulid Day Medical Camp

54 were female. A total of 49 Units of Blood were collected and submitted to the Zonal donation bank. Almost all female clients

(54) attended dental checkup and a substantial amount of male patients attended the dental checkup.



Volunteers at the pre meeting at the camp site



Female volunteers prior to commencement of the service



Female Clients at waiting area



A volunteer attending a dental client

# Visit of SIMS Students to FIMA Save-Vision (POB Trust) Eye Camp









A free eye camp was organized by Prevention of Blindness Trust in Tandlianwala, a suburban town of Punjab province. Forty MBBS Students of Services Institute of Medical Sciences from first year to final year participated in this visit. FIMA Save-vision was their host.

The group started its journey early in the morning and had a stay at a Rest house of irrigation department. The group leader Dr. Intzar Husain gave briefings regarding the purpose of eye

camp. Students were provided T-shirts & Caps of POB Trust & FIMA Save Vision.

Medical Students of SIMS counseled the pre-operative patients of cataract surgery and regarding the use of drugs (Medicines) & instruction regarding subsequent eye care. Students received lot of prayers from the patients. The students were given a tutorial of setup of eye camp, its OPD, Refraction room where the optometrist was busy in refracting the patients with

Auto refractometer and later to the laboratory where the screening for Hepatitis B, C were carried out along with evaluation of Blood sugar & Blood pressure. They were shown biometry room where the calculation of Intra ocular Lens Power was done. Students visited the operation theatre where procedures of Phacoemulsification & extra-capsular cataract extraction were in process. The students were then assigned to work in various sections of the eye camp including data base and research wing of



POB trust. After lunch and prayers break a session with post operative patients was also conducted. The students learnt a lot from this camp and they were all willing and keen to return to such an activity conducted by FIMA Save-vision in future.













## **Meeting of Central Council of PIMA**

Meeting of central council of PIMA held in Islamabad. Dr. Misbah ul Aziz presided over the meeting.

More than forty members attended the 2 days meeting. Planning session and reports of various sections were presented. A recap of reports of provinces and projects was made.









#### www.fimaweb.net

thInternational Seminar

14 - 15 June 2013 / 5 - 6 Sya'ban 1434H Dewan Solat Bawah, Sultan Salahuddin Abdul Aziz Shah Mosque Selangor Darul Ehsan

## Spiritual Supports in Patients Care

#### **Topic Covered:**

- Keynote Address:
  Spiritual Supports in Patients Care
  Magasid and Qawa'd As-Sharich in
  Medical Practices
  Medical Features
  Medical Curriculum: Towards Achieving
  Good Conscious Health Care Giver
  Medical Legal Perspective
  Muslim Professional: Readjusting our
  Islamic Wortdriew (Tasawwu)
  Rukhyah and Managing terminally
  ill patients: slamic Approach
  SOPs for Muslim Purses
  Medical by Law in Islamic Hospital
  Hospita, Staff selection and Internal
  Training
- Training KPI : A loof for Assessing and Monitoring
- KPT A tool of Assessing and minimiting Performance Workshoot Ibadah Friendly Hospital Free Paper, Topic, Sprittal Support Programs in Hospital Set up: Sharing Experiences Dinner Talk and Discussion Cuitdelines of Islamic Hospital

#### Speakers:

- 1. Detuk Dr. Noor Hisham bin Abdullah Director General of Health
  2. Prof Darol Dr Tahir Azhar, ILUM
  3. Prof Dr. Omar Hasan Kasule, Riyadh
  4. Dr Favzi M. Al-Odeh, RMH/ Riyadh
  5. Prof Dr Mohe Ipbal, CIMCO, Pakistan
  6. Dr Burhanuddin Hamid, Jakarta
  7. Prof Dator Dr. Abe Rahim Monamad, MAM
  8. Assoc. Porf. Dr. Aminudurf. Che Ahmad, IJ.M.
  9. Dr Mond Farid Mond Shahran, IKIM
  10. Dr. Zulkrih Lasan, USIM
  11. Dr. Kalam Hamidi, Wed consult
  12. Abdull Rahman, Az-Zahrah Hospital
  13. Dr. Ishar Was ud. Al-Islam Hospital
  14. Mon Jurisrah Bevi Haja Mohideen,
  Al-Islam Hospital
  15. FARI, Y REGUSTR A THOM

EARLY REGISTRATION Bufure 15st May - RM 150 After 13et May - RM 100



Student Belury 15st May - AM 150 After 15st May - RM 200 International Before 15st May = USD 250 After 15st May = USD 200

+603-2693 1007 ext 216/217 +6019 238 1007



Headquarters: 101 West 22nd street, Suite 106, Lombard, IL 60148, USA. Phone: (630) 932-0000 Fax: (630) 930-0005 http://www.fimaweb.net Secretariate: 8-2, Gulberg Complex Jail Road, Lahore-Pakistan. Tel: 0092 300 8444116 Fax: 0092 42 35715231 Email tanveer.zubairi@gmail.com